

MONUMENT'S JENNIFER SIMPSON AT THE IAAF WORLD TRACK AND FIELD CHAMPIONSHIPS.

### Simpson Wins 1,500 Gold

It was a night of milestones for Team USA at the 13th IAAF World Outdoor Track and Field Championships in Daegu, South Korea when Colorado's Jenny Simpson won the first American gold medal in the women's 1,500 meters since 1983. She started in the middle of the pack for the first 400 meters, then faded to the back. At the bell, Simpson found herself in seventh place and began working her way back closer to the leaders. Simpson started to surge ahead with 200 meters to go. Coming down the homestretch and running in lane two, she moved into third, then second and ultimately into first, as she distanced herself by two-tenths of a second over runner-up Hannah England of Great Britain in a winning time of 4:05.40. Simpson first appeared shocked, then overjoyed as she realized she won the world championship title, becoming just the second American to win the title.

"It is something that you dream about. It's not like you just go and win a race. Everything has to come together at the right time. Standing on the line, I was thinking about what this could mean for my life and what this could mean for my family. My little sister [Emily] is serving in the army, so I thought, 'man, if I win gold I get to play that national anthem for her.' So coming down the last 100 meters I was thinking about my little sister and thinking, 'let's get that song playing.'"

### Libby James Sets World Best

Libby James of Fort Collins set

a new world best time for the 75-80 age group at the 2011 Aetna Park to Park 10 Miler. James's time of 1:19:22 was far superior to the old standard of 1:22:05 set by Louise Gilchrist of England on August 3, 2008. The race was held on September 5 at Denver's City Park. The point-to-point course traveled through several Denver parks and ended at the All-City Stadium. James, 75, didn't start racing until she was in her 40s. "I feel younger when I'm out running than at any other time."

### McCandless Crushes Kauai \$15,000 Speed Challenge

Tyler McCandless, 24, of Boulder clocked a winning time of 2 hours, 23 minutes, 22 seconds on an extremely challenging course at the Kauai Marathon. The 2012 Olympic Marathon Trials qualifier crushed the course record and won a share of the Kauai Marathon \$15,000 Speed Challenge for a sub-2:30 finish. McCandless stated that although it wasn't his personal best time, it was the "best racing experience" that he has ever had. He said that people he met only once throughout the week came out on the course to cheer him on with homemade signs and their gracious aloha spirit. The marathon and half marathon races drew a record 1,723 participants – more than half were women – represented by 47 states, Guam and DC, as well as 13 countries.

### Moody Tops U.S. Field

Tera Moody of Colorado Springs ran her second fastest ever marathon to finish 17th in 2:32:04 in the IAAF World Outdoor Track and Field Championships in Daegu, South Korea. Moody said, "I am pleased. I wanted to be top 15, but overall a good day. I'm coming back from four months off with recent surgeries." The rest of the U.S. squad finished within 10 places of one another. Colleen De Reuck of Boulder was 38th in 2:44:35 and Zoila Gomez of Alamosa placed 40th in 2:46:44. In the Marathon World Cup team scores, Team USA took sixth place.

### Macias Sets New All-Colorado Half Marathon Record

Mario Macias of Alamosa cruised to victory by over eight minutes and a new All-Colorado half marathon record in the Georgetown to Idaho Springs Half Marathon. The former record was 1:04:03, run by Craig Holm at the Rawhide Half Marathon way back in 1984. Macias's time was an amazing 1:02:50 on the high altitude downhill course. Alyn Park also set a new All-Colorado 60-64 age group record of 1:39:28

### Colorado Runners at World

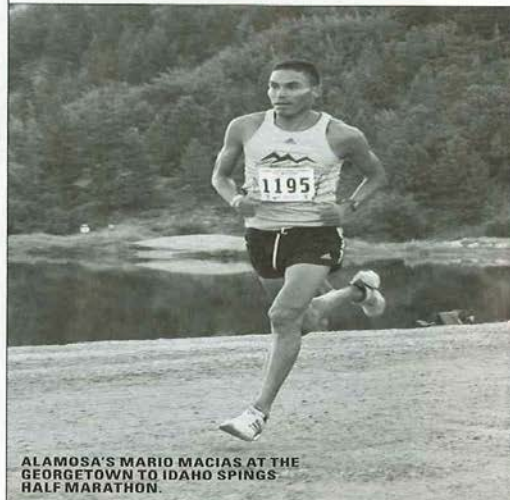
### Mountain Championships

At the 27th World Mountain Running Championship, held on September 11 in Tirana, Albania, the USA set the bar with historic gold medal performances by Vermont's Kasie Enman and Oregon's Max King. With her victory Enman becomes the first woman from the U.S. to earn an individual gold medal. Her time was 40 minutes, 39 seconds over the 8.59 kilometer course. She was followed by Colorado runners Megan Lund of Basalt in 12th place in 43:56, Michele Suszek of Longmont in 21st place (44:48) and Brandy Erholtz of Evergreen in 26th (45:56). As a team, the USA placed fourth.

For King, this was his second consecutive appearance at the World Mountain Running Championship, and he bettered last year's 16th place performance with a decisive victory. King's gold medal becomes only the second gold for a U.S. male. Jay Johnson, owner of Fleet Feet Sports in Boulder, won gold in 1989. King led the men's team to a fourth place finish with his time of 52:06 over the 12.7 kilometer course. Tommy Manning of Colorado Springs placed 79th in 1:08:10.

### Corfield Sets 50+ Record

Charles Corfield of Boulder finished the Leadville Trail 100 Miler in 8th place overall in August in 19 hours, nine minutes. He won his age division by three hours and set a new age group record in the process. The M50 record was set when Copper Canyon runners came to Leadville in 1993 and Victoriano Churro won it wearing his car-tire and leather thong sandals. At 55, Churro ran 20:03. Corfield is 53.



ALAMOSAS MARIO MACIAS AT THE GEORGETOWN TO IDAHO SPRINGS HALF MARATHON.